

A trip down Brick Lane

Brick Lane has a rich cultural heritage. Located in the borough of Tower Hamlets, one of the most ethnically diverse locations in England where four in ten residents were born outside of the UK, the area has experienced waves of migration over 300 years and seen many changes. From the Huguenots fleeing France in the 17th Century, to the Irish and then the Ashkenazi Jews in the 19th century, escaping Polish pogroms and harsh conditions in Russia, and the many Bangladeshi migrants who came for work throughout the 20th century, Brick Lane has always been a site of refuge and safety. But also of tension and turbulence.



(Bangladeshi) Bank and stores selling food and supplies for the Bengali community and local restaurants and at the northern end are bars, barbers and the infamous Beigel Bake Bakery, open 24/7!

Brick Lane has a long established connection to fabrics and tailoring with successive groups of migrants using the buildings for workshop space. Today, very few of these workshops and shops remain but a handful of family run businesses can still be found. Now Brick Lane is almost divided in two. At the southern end can be seen long standing curry houses, the Sonali



We were guided along Brick Lane by our fantastic and passionate university lecturer, Kate Amis from University of London, Queen Mary's, Geography Department. We were encouraged to look for changes in the land use and explore how businesses have been affected by COVID. For example, the Brick Lane mosque which can be seen from far away by its beautiful minaret (ma'dhanah) was once a Methodist church and then a Synagogue until 1976. Kate informed us about the challenges faced in the area such as racism, regeneration and gentrification. The question we kept in the back of our minds the whole day was - Brick Lane is changing, who does this benefit and who misses out?

As with all diverse places, groups of people with differing views often come into conflict with each other. For many years the Bengali community were the ones missing out as they faced horrendous racist abuse and were largely unsupported by the police, feeling unsafe in their own community. In 1978 the conflict between Fascist groups such as the National Front and the Bengali community came to a head when Atlab Ali was murdered by a group of white men. Atlab Ali's murder sparked a protest where people said 'enough is enough' - 7,000 people marched from Whitechapel to Hyde Park and delivered a petition to 10 Downing Street to draw attention to what was happening and force change. The action the Bengali community took was very effective and racism and racist incidents reduced significantly over the following years. Now the challenge is around gentrification. Local residents may feel that their high street does not serve them anymore and are being forced to move out as rental prices soar and rise far higher than what they can afford. In this way people are separated and communities are broken apart.



We left Brick Lane and walked over to neighbouring Spitalfields market. Spitalfields Market was notorious for being one of the biggest and best markets in the United Kingdom from 1920-1980. After the surrounding roads started to become too congested the market was forced to relocate to Leyton in 1991. Only very recently has the market experienced a revival back to its market roots. Now you can see traders selling hand crafted products and the food stalls heaving with people coming for lunch from the surrounding offices. We were asked to complete ethnography,



where you aim to get a feel for a place by observing the sounds, smells, sites and atmosphere. This may for example be looking at what people are wearing and eating and how they are moving through the space.

We decided at the end of the day that we felt the regeneration and gentrification had largely been positive as people were using and enjoying the area. However, the prices were high and there was evidence of big name brands such as Gucci potentially co-opting the space. These changes threaten to push out existing residents and transform the area to a space that serves only the needs of a young professional elite who can afford the high prices.

A massive well done to all the Year 12 and Year 13 Geographers who collected primary data about Brick

Lane and represented the school exceptionally well by showing sensitivity to the issues discussed and interest and respect to Kate who guided us through the history and challenges faced in Tower Hamlets.

Ms Bracken-Patterson
Head of Geography



Climate Kickstart Conference

On Thursday 19th January a group of our most promising Year 9 students attended a Climate Kickstart Conference in Chelsea.

The 25 pupils were specially selected by their geography teacher for showing exceptional interest and attainment in geography. The event



gave them the opportunity to meet professionals who work in the green industries, sustainability and the environment. The pupils were able to talk to the professionals and gain an insight into what it's like to work in these jobs and what it takes to get into this line of work. They met people who work in energy, agriculture, electric car manufacturing and representatives from charities too.

If you are thinking about carrying on geography as a GCSE, an A-level or even studying it as a degree in university you might want to think about where the subject can take you when you leave education. You can do this by visiting websites such as prospects.ac.uk which will help you to find the perfect job for you, based on your interests and characteristics and it will tell you the qualifications and experience you need to get this job. There is also lots of events happening all over London about Climate Change and sustainability for young people that you can attend on your own or with your family and friends. If you go on [Eventbrite.com](https://www.eventbrite.com) and search Climate Change or sustainability or any other issue and topic you are interested in there are loads of talks, conferences and interactive workshops that are free for you to go to!

Ms Bracken-Patterson - Head of Geography

inspiring
the
future

WEST LONDON
CAREERS HUB

LET'S GO
ZERO
2030
Schools working together to be zero carbon

Bloomberg **MAYOR OF LONDON**



WINTER WARMER

Free food and a warm place to be

Monday to Thursday 6-8pm

Hendon Baptist Church Hall
Entrance on First Avenue, NW4 2RL

Hendon Baptist Church Winter Warmer

We offer free hot food and a dessert in a warm building. In addition, we show a movie each night (mostly Disney, always a U certificate) and there are board games, a pool table and table football. We have toys available for young children. This is all paid for by the church, the service is completely free.

Hendon Baptist Church, First Avenue, NW4 2RL

Monday-Thursday 6-8pm

Free hot food and a warm place to be

Contact: 07903 650201

Web: www.hendonbaptistchurch.org.uk

Find us on Twitter, Facebook or Instagram

We are registered as a Barnet Warm space with the council https://www.barnet.gov.uk/directories/warm-spaces?keywords=&sort_by=title&page=0

Hendon Science Club!

Every Tuesday students from years 7, 8 and 9 come together to do a variety of exciting experiments aimed at developing practical skills, curiosity and a general love for Science! Below are some of the experiments that we have done last term:

- ❖ Making lava lamps!
- ❖ Christmas Tree Crystals
- ❖ Christmas Cards with LED lights
- ❖ Ooblek!
- ❖ And many more!

Interested? We meet every Tuesday after school in room E1, from 3.35 - 4.20 pm

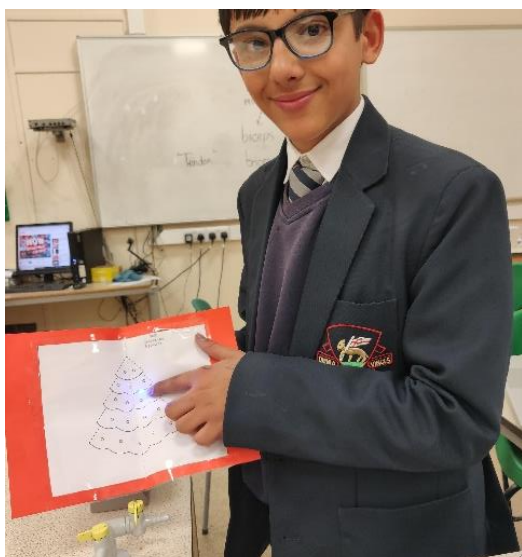
Ms Ege - Science



Making Ooblek with Ivan (7.6), Desmond (7.5), Draco Chan (7.5) & Jeremy (7.2)



Making Ooblek with Olivia (7.6), Mohammed (7.6) & Simon (7.7)



Hekmatullah 8.6



Angar 7.7



Draco 7.5

Powering Up Parental Influence: Saving children from a virtual world

Join Ian Russell, leading online children's safety campaigner, and Terry Rubenstein, Founder of iheart, for this unmissable conversation on Monday 27th February 2023, 19:00 - 21:30 GMT.

Tickets are FREE but please register <https://www.eventbrite.co.uk/e/powering-up-parental-influence-saving-children-from-a-virtual-world-tickets-516859710307>

Year 9 Art Surrealism

Year 9 Art students have been studying Surrealism and its influences on artists past and present. The SOW has included formal drawing techniques of how to use form and tone with surrealist techniques such as metamorphosis and juxtaposition, and also using visual metaphors and imaginative phrases. Students have used their own ideas and imagination to produce some fabulous original pieces of work.

Below, there are some examples of work by Lea Tomani (9.3), Mohammed Seddiki (9.4), Keisha Dalida (9.4) and Pasindu Wijegunasekera (9.4).



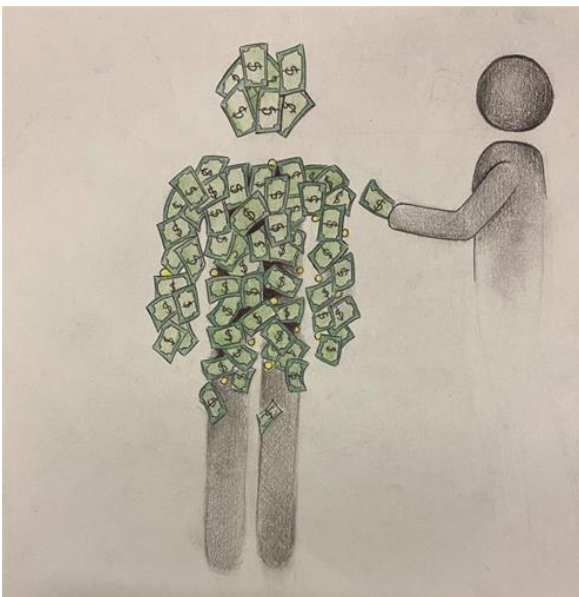
Pasindu Wijegunasekera



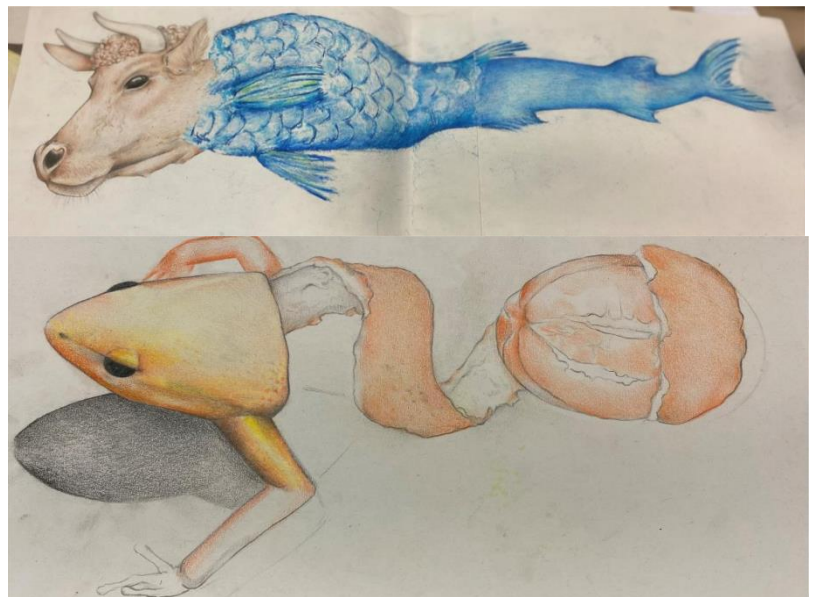
Keisha Dalida



Mohammed Seddiki



Lea Tomani 'I'm not made of money'



Lea Tomani

Ms Cowles - Art Department

Diary Dates	
❖ Monday 13 th - Friday 17 th February	Half Term Break
❖ Monday 20 th February	Netball trip - The Copper Box
❖ Tuesday 21 st - Thursday 23 rd February	Year 7 Residential Trip
❖ Wednesday 22 nd February	Y 11 & Y 12.7 Take Your Lead trip to Old Vic
❖ Thursday 2 nd March	World Book Day
❖ Friday 3 rd March	Year 12 Careers Fair Trip
❖ Monday 6 th March - Friday 10 th March	Year 11 Mock Exams
❖ Thursday 9 th March - Monday 13 th March	Y 12 & 13 Cern Trip
❖ Thursday 9 th March	Barnet Dance Festival
❖ Friday 10 th March	Arts Depot Trip

Visit from a Holocaust speaker

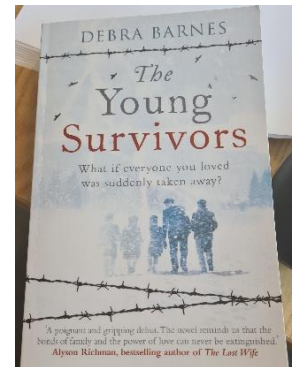


On Monday the 30th of January, we had a visit from Debra Barnes, the daughter of a Holocaust Survivor. She is part of the Generation2Generation group who are continuing the legacy of the survivors and telling their stories. Speaking to a group of year 8/9 students, Debra told us the story of her mother, then 6 year-old Paulette, her twin Annette, and her older siblings who were unfortunately separated during the Holocaust in France. We were told that it was only because Paulette caught measles, and through the help of the doctors and some Christian nuns, that she managed to evade being sent to Auschwitz like her twin sister.

The most shocking thing through this whole talk was the fact that Annette did not share her experiences of the Holocaust with anyone in her family as it was too traumatic, and it was only through Debra's research that these facts came to light. This tells us that there are many survivor's stories not being told and that the work that the younger generation are doing in telling their stories is vital for Holocaust remembrance.

The full story of Annette's family can be read in Debra's book, the Young Survivors, which we will soon have a copy of in the school library.

Ms Tabor - Head of History





Hendon School



Community Iftar

Thursday 30th March

We are excited to announce that Hendon School will be hosting our first community iftar. Everyone is welcome to attend.

The event will be free but ticketed to help with logistics. It is hoped that we will also be able to invite some of our wider community too.

If you are able to donate or support the event, it would be helpful if you could contact wellbeing@hendonschool.co.uk to let us know how you can help or what you might be able to donate. If you want to help but not sure how, please contact us and we can share what support we need.

Students have been taking part in a range of activities during the week. The student wellbeing team will be launching our Hendon App and launching the new Wellbeing room.

The purpose of the wellbeing room:

The wellbeing room has been created to provide a quiet therapeutic space where pupils can reflect if they feel emotional or distressed. Initially the room will be open at KS3 and KS4/5 lunch times with many of the sessions being run by the students with the support of a staff member from the safeguarding team. We believe that mental health is just as important as physical health. If you have any worries or queries about your mental health, there will be a red "mail" box near the wellbeing room. Feel free to write anything that you're concerned about on a piece of paper and slip it into the box.

Why is wellbeing so important for school?

Good mental health and wellbeing is essential for school students to be successful. It helps them concentrate more effectively, deal with day-to-day challenges, enhance their motivation, and helps them to make better choices for themselves.

We can all boost our wellbeing by taking a few small steps including:

- ❖ Try to get more sleep
- ❖ Relax with your favourite activity and reduce stress
- ❖ Connect with others
- ❖ Spend time outside
- ❖ Less screentime
- ❖ Drink water regularly
- ❖ Try doing something creative

Look out for the next edition which will have pictures and a report about the launch of the room.

Talin Maki - 9.7

Mental Health and Wellbeing support for parents and students

For young people who need wellbeing and mental health support, we encourage them to use Kooth and Childline



www.childline.org.uk



Log into Kooth, speak to a trained counsellor, it is anonymous

<https://www.kooth.com/>

For parents and carers, we suggest



The voice for young people's mental health and wellbeing

Call the Parents Helpline for detailed advice, emotional support and signposting about a child or young person up to the age of 25. You can call our Parents Helpline on 0808 802 5544, Monday - Friday 9:30am - 4:00pm.

Translation is also available

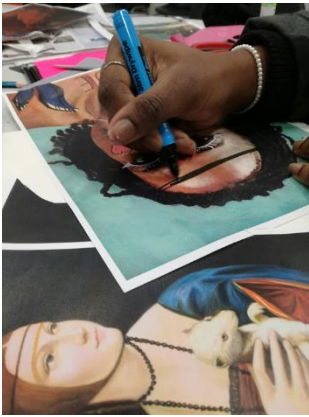


Y10 GCSE Photography trip to Saatchi Gallery

A big thank you to the Y10 GCSE Photography students who were invited to see the Saatchi Gallery exhibition The New Black Vanguard on our reward trip on 15th Dec 2022. Our students were a credit to the school because of the enthusiasm and interest they showed during the research part of the workshop. They contributed with insightful observations while we analysed photographers' work. We were so impressed with Joy (10.8), Casey (10.3), Benin (10.4) and Keziah's (10.7) answers.



All students produced wonderful collages with the resources provided by the gallery staff. It was such a great experience to see our new generation of Hendon School photographers being inspired by the images on display. Well done to Monae (10.6), Mohammed (10.3) and Malaeka (10.7) for producing brilliant collages!



Malaeka's (10.7) collage

We are currently working on a photographic self portrait animation project and I would like to mention Myles (10.2), Halima (10.2), Wiktoria (10.4) and Joann (10.6) for their amazing progress!

Miss Schmid - Head of Photography

National Apprenticeship and National Careers Week

Careers is an important part of what we do at Hendon. Currently we are planning for our National apprenticeship Events, including an Apprenticeship Fair for Year 11-13 students, with some top employers. We will have more information in our next edition of Hendon News.

Are you an "Old Hendonian?" We are looking for former students who will come and give a talk during National Careers Week - 6th -10th March. We are looking for a range of different careers to inspire our current students. We are flexible about the day and time that talks can be held. If you are able to support, please email careers@hendonschool.co.uk Please also share with other former students you are still in contact with.

Ms Doona - Assistant Headteacher

Y12 Photography still life work



Rebeca Avram (12.6)

The Y12 Photography class is currently researching David La Chapelle's Earth Laughs in Flowers series where they are investigating the still life genre in a contemporary style.

Students have produced exciting photographic responses using colour gel lights

Miss Schmid - Head of Photography



Emah Ruhani (12.3)



Dennis Petcu (12.5)

Student voice

The student voice team have been working incredibly hard this term to make an impact on school life. They have been using feedback received from students last half term to create action plans and work together to make change. They have been planning mentoring sessions, holding meetings, analysing data, and giving up their time to help make a difference. They are currently planning a proposal to the Senior leadership Team and then will be delivering assemblies across all year groups to promote their community team project.



A Special mention to the following students who have shown excellent commitment and dedication across the term.

Aniqah (13.2), Mohamed (12.6), Chidinma (11.2), Noelia (10.1), Osman (9.2), Ethan (9.3), Asal (8.2) and Draco (7.5)

Ms Downing - Head of PE

Hendon Sport

Olympic Athlete Visiting Hendon this March

As part of our careers week and to celebrate International Women's Day on March 8th we have Olympic athlete, Hope Gordon, visiting Hendon School to work with all our year 7 students. Hope Gordon is a talented member of Great Britain's highly competitive para-Canoe Squad. However, just last year she swapped her paddle for ski poles when she made her Paralympic debut at the Beijing Winter Olympics, making history as Great Britain's first ever female Nordi skier. She is now back in training and working towards the 2024 Olympics in Paris. Hope will be delivering training sessions to all year 7 students and discussing her experiences in making it as a paralympic athlete in Team GB. As part of this experience year 7 students will have the opportunity to raise money to support athlete's such a Hope on their Olympic journey through a sponsored fitness challenge.



Trampolining

This week the students at Hendon have competed in the annual Barnet Trampolining competition held at Hendon Leisure Centre. Students have worked hard all year, consistently committing to weekly training sessions, and challenging themselves in the set routines. Their hard work and commitment paid off on Thursday when every team was placed, and all students came back with medals.

The teams competing this year were:

Year 8 Girls - Chloe (8.1), Olivia (8.8), Zumeya (8.3), Ikram (8.3)

Year 9 Girls- Verona (9.4), Lara (9.1), Sarah (9.4), Aaleyah (8.4)

Year 9 Boys- Jakub (9.2), Pavlo (9.2), Leon (9.4), Bogdan (9.2)

Year 11 Girls Zyra (11.3), Joey (11.6), Yaeli (11.1), Erieta (11.4), Saaima (11.5)

Team winners were:

Year 8 Girls- 3rd Place with bronze medals

Year 9 Boys- 2nd Place with Silver Medals

Year 9 Girls and Year 11 Girls- 1st Place with Gold Medals

Individual Winners -

Zyra (11.3) placed 1st place scoring the highest in the competition across all categories.



Year 7 Basketball

After a frustrating start to the season with majority of their games being rescheduled due to unforeseen circumstances, the year 7 Hendon all-stars got their first win of the season against an incredibly determined Whitefield's team (11-6). MVP performances coming from Gabriel, Jeremy and Eduard. These students displayed heroic effort and showed resilience throughout the game. Unfortunately, the Hendon all-stars got knocked out of the Barnet cup against LA but still had a lot of positives to take away from the game. MVP performance from Eduard putting up 9 points and giving it his all, he has really turned into a great centre for the team. A big thank you to Mr Said and Cedric for giving up their time to help with training and fixtures.



Year 9 Basketball

The Year 9 basketball team have had a positive few weeks regarding both performance and results. Missing their man Ethan (9.3), the Year 9 have been forced to come up with different styles of play to make up for the loss. They have played superbly with several players coming out of their shell and giving everything for their team mates. Most notably, Harley (9.5) has emerged as a rebounder who puts in significant effort beneath both baskets to regain possession for his team. Marcos (9.2) has been fantastic at bringing energy to the team when needed and driving the boys forward. And lastly, Yusuf (9.7) has put body on the line and worked tirelessly up and down the court to do anything to get the win. Results wise, they had a superb 11-2 win over Compton and a narrow 35-31 loss to St Andrews in what proved to be arguably the game of the year. A massive well done to the boys and huge thank you to Mr Mubiru and Mr Leadbetter for their endless work with this squad.



Netball



This term our netballing superstars have been given a fantastic opportunity to work with Jenni Monger from Netball Excellence Training.

At the end of January, the students took part in their first of two sessions with Jenni working on their tactical play in attack. The students took on the challenge and demonstrated their ability in the game making considerable progress in just 90 minutes of training. They will continue this programme throughout February with weekly training, watching London Pulse play at the home of Netball 'The Copper Box Arena' and working with Jenni again for their second training session.



PE 'STUDENT OF THE HALF TERM'

De (8.2) - The epitome of what a Year 8 should represent. Hard work, a humble attitude and all-round team player. Star athlete, basketball fan favorite, and a shining light in what has been a rollercoaster football season for the Year 8. 'What a guy, absolute legend,' quotes Mr Kaminski.

December Nominees: Yatharth Goencar, Yosef Jbara, Olivia Meges, Yusuf Abdulsalam.



Ms Downing - Head of PE

The Great Hendon Bake Off

The Great Hendon Bake Off launched on 9th January with a week of intensive heats.



The eight contestants *Nathaniel, Mariam, Isabel, Lulu, Denis, Iram, Aliyah* and *Amina* were required to bake a batch of cupcakes using their favourite cupcake recipe.



From the heats came our quarter finalists:



meet our semi-finalists!

The quarter finals were held on the 30th & 31st January. Contestants were required to bake a Victoria sponge to demonstrate your ability to follow a recipe.



The judges *Ms. Kweik, Mr. Keller,*



... *Mrs. Gavartin & Ms Yazdi*



Semi-finals are on the 28th of February – we wish them well!

TUITION Years 6, 7, 8 and 9!

English, Maths and Science

Introductory offer - Free for first 6 weeks (February and March)
Half price for summer term (April – July)
£10 per week and £5 for any additional family members

Saturdays 10am – 2pm
Saracens High School

OYA (Organisation of Young Africans) is not a normal tuition centre. At OYA, young people learn under the guidance of a great team of experience, trained OYA teachers/graduates who share our African/Caribbean background and understand where you and your family are coming from.

Yes, we do English, Maths and Science and we get very good SATs/GCSE results. We encourage young people to be proud of their cultural heritage.

We help them to develop the personal attributes, qualifications, and life skills to equip them for adult life in 21st century Britain:

- Academic excellence and independent learning
- Confidence and self-esteem
- Leadership and teamwork
- Communication and public speaking
- Stress and time management
- Competing, winning, losing, bouncing back!

Our office is on Grahame Park and our Saturday school. You can drop into the office for a chat during the week (phone 07932 048 116 for an appointment).



Call 07932 048 116 now to enquire/register
www.oya-org.uk

FREE FOOTBALL SESSIONS FOR AGES 12-18

**EVERY THURSDAY
6PM - 7:30PM**
(Starting 16th February 2023)

WATLING PARK SCHOOL
Pavillion Way, Burnt Oak, Edgware HA8 9YA

Sign up here:

For more info contact: info@liftcic.co.uk

[@LIFTCIC](https://www.liftcic.co.uk)
[WWW WWW.LIFTCIC.CO.UK](http://www.liftcic.co.uk)



Aspire to be different. Join the Volunteer Police Cadets at Barnet. Meet with like minded young people with shared interests. Have fun, learn, develop and help in your local community. Check out "Met Volunteer Police Cadets, part 1" on YOUTUBE for a 2 min video.

Weekly meetings

Our current Units are as follows:

Senior Cadets 13-19 year old

Peel Centre, Colindale, Aerodrome Road, NW9 5JE, Wednesdays

19:00-21:30 hours

Barnet Police Station, 26 High Street, Chipping Barnet, EN5 5RU, Thursdays

19:00-21:30 hours

Junior Cadets 10-13 year old

Peel Centre, Colindale, NW9 5JE, 1 Wednesday 17:00-18:30 hours

The units meet during **term time only**.



Cadets Completing Gold DoFE Expedition in Snowdonia



Greater Youth, Greater London



Around 50% of children will have a sleep issue at some point*

WHAT IS THE NATIONAL SLEEP HELPLINE?

In partnership with Furniture Village, The Sleep Charity has launched a brand new National Sleep Helpline to ensure that everyone has access to high quality, evidence-based advice.

HOW CAN THE NATIONAL SLEEP HELPLINE HELP YOU?

- Run by a team of specialist trained sleep advisors
- Offer you some practical strategies and recommend services that could help
- Ensuring you understand how sleep plays an important part in your child's mental health and wellbeing
- Listen without judgement and help you decide what next steps are right for you
- Empower you with sleep knowledge so you can understand why your child might not be sleeping well and how that can change

03303 530 541

Sunday - Tuesday & Thursday 7pm - 9pm

Wednesday 9am - 11am



IN PARTNERSHIP WITH

Furniture Village