



HENDON SCHOOL

PE DEPARTMENT

A YEAR IN REVIEW
2025-2026

CELEBRATING ANOTHER REMARKABLE YEAR OF
PARTICIPATION, ACHIEVEMENT AND SPORTING EXCELLENCE



INTRODUCTION

WHAT A YEAR IT HAS BEEN FOR SPORT AT HENDON SCHOOL!

THIS BOOKLET IS A CELEBRATION OF EVERY STUDENT WHO HAS PROUDLY REPRESENTED OUR SCHOOL THIS YEAR. FROM FIRST-TIME COMPETITORS TO EXPERIENCED PERFORMERS, FROM LOCAL FIXTURES TO BOROUGH CHAMPIONSHIPS, EVERY STUDENT FEATURED IN THESE PAGES HAS PLAYED A PART IN MAKING THIS ANOTHER UNFORGETTABLE YEAR FOR HENDON PE.

AT HENDON, WE BELIEVE THAT SPORT HAS THE POWER TO INSPIRE, CHALLENGE AND BRING PEOPLE TOGETHER. WE ARE INCREDIBLY PROUD OF THE INCLUSIVE OPPORTUNITIES WE PROVIDE, ENSURING THAT EVERY STUDENT HAS THE CHANCE TO GET INVOLVED, DISCOVER NEW PASSIONS AND EXPERIENCE THE PRIDE OF REPRESENTING THEIR SCHOOL. AT THE SAME TIME, WE ARE EQUALLY PROUD OF THE OUTSTANDING PERFORMANCES, REMARKABLE ACHIEVEMENTS AND SUCCESSES THAT HAVE DEFINED THIS SPORTING YEAR.

BEHIND EVERY FIXTURE, TRAINING SESSION AND COMPETITION IS A COMMUNITY OF PEOPLE WHO MAKE IT ALL POSSIBLE.

TO OUR STUDENTS – THANK YOU. YOUR ENERGY, ENTHUSIASM, RESILIENCE AND DETERMINATION ARE WHAT MAKE HENDON PE SO SPECIAL. YOU CONTINUE TO CHALLENGE YOURSELVES, SUPPORT ONE ANOTHER AND WEAR THE HENDON BADGE WITH PRIDE. WHETHER YOU'VE REPRESENTED THE SCHOOL ONCE OR A HUNDRED TIMES, EVERY CONTRIBUTION HAS HELPED MAKE THIS YEAR ONE TO REMEMBER.

TO OUR PARENTS AND CARERS – THANK YOU FOR YOUR CONTINUED SUPPORT. FROM ALLOWING STUDENTS TO STAY AFTER SCHOOL FOR TRAINING AND FIXTURES TO REARRANGING FAMILY COMMITMENTS AND COLLECTING THEM AFTER LONG EVENINGS OF SPORT. YOUR ENCOURAGEMENT ENABLES THEM TO MAKE THE MOST OF EVERY OPPORTUNITY. WE ARE INCREDIBLY GRATEFUL FOR EVERYTHING YOU DO.

AS YOU READ THROUGH THESE PAGES, WE HOPE YOU ENJOY CELEBRATING THE ACHIEVEMENTS, MEMORIES AND MOMENTS THAT HAVE MADE THIS SUCH A SUCCESSFUL YEAR FOR HENDON SCHOOL SPORT. HERE'S TO EVERYONE WHO HAS PULLED ON A HENDON SHIRT THIS YEAR—YOU HAVE REPRESENTED OUR SCHOOL WITH PRIDE, AND WE COULDN'T BE PROUDER OF EVERYTHING YOU HAVE ACHIEVED.

CONGRATULATIONS TO ALL OF OUR STUDENTS, AND HERE'S TO ANOTHER FANTASTIC YEAR OF HENDON SCHOOL SPORT!

BOYS FOOTBALL

CONGRATULATIONS TO ALL OF OUR BOYS' FOOTBALL TEAMS FOR ANOTHER SEASON OF OUTSTANDING COMMITMENT. TRAINING ATTENDANCE REMAINED CONSISTENTLY HIGH ACROSS ALL YEAR GROUPS, MAKING TEAM SELECTION A WELCOME CHALLENGE EACH WEEK. IT HAS BEEN FANTASTIC TO SEE SO MANY STUDENTS EMBRACING COACHING, TAKING ON FEEDBACK, SUPPORTING ONE ANOTHER AND DEMONSTRATING A GENUINE PASSION FOR THE GAME. ACROSS THE SEASON, EVERY TEAM PRODUCED EXCELLENT PERFORMANCES, HIGHLIGHTING THE DEPTH OF FOOTBALLING TALENT WE HAVE AT HENDON AND PROVIDING AN EXCITING PLATFORM TO BUILD ON IN THE YEARS AHEAD.

YEAR 7

THE YEAR 7 FOOTBALL TEAM ENJOYED A SUPERB DEBUT SEASON IN THE BARNET LEAGUE, EXCEEDING EXPECTATIONS AND LAYING STRONG FOUNDATIONS FOR THE YEARS AHEAD. FROM THE FIRST WHISTLE OF THE CAMPAIGN TO THE LAST, THE SQUAD REPRESENTED HENDON SCHOOL WITH PRIDE, DETERMINATION AND A FANTASTIC TEAM-FIRST ATTITUDE.

A SEASON PACKED WITH MEMORABLE MOMENTS WAS PERHAPS BEST DEFINED BY THE TEAM'S EMPHATIC 5-1 DEMOLITION OF BISHOP DOUGLASS SCHOOL, A PERFORMANCE THAT SHOWCASED THE ATTACKING FLAIR, CONFIDENCE AND QUALITY THAT BECAME A HALLMARK OF THIS EXCITING YOUNG SIDE.

THE TEAM'S SUCCESS WAS BUILT ON MORE THAN JUST RESULTS. THEIR SPIRIT, COMMITMENT AND ATTITUDE WERE OUTSTANDING THROUGHOUT THE SEASON. EVERY PLAYER CONTRIBUTED TO A POSITIVE CULTURE, SUPPORTING ONE ANOTHER THROUGH VICTORIES AND SETBACKS ALIKE. THE SQUAD QUICKLY BECAME KNOWN NOT ONLY FOR THEIR FOOTBALLING ABILITY BUT ALSO FOR THEIR CAMARADERIE BOTH ON AND OFF THE PITCH.

SPECIAL RECOGNITION MUST GO TO NOEL, AFFECTIONATELY KNOWN AROUND THE SQUAD AS THE "MILL HILL INIESTA", WHOSE CREATIVITY AND TECHNICAL QUALITY LIT UP MANY MATCHES. HE WAS JOINED BY A NUMBER OF OUTSTANDING PERFORMERS, INCLUDING PIERRE, LUCA, SHANE AND GABRIEL, ALL OF WHOM PLAYED KEY ROLES IN THE TEAM'S IMPRESSIVE CAMPAIGN AND CONTRIBUTED SIGNIFICANTLY TO ITS SUCCESS.

AWAY FROM THE FOOTBALL, THE SQUAD STRENGTHENED THEIR BOND THROUGH THE NOW-TRADITIONAL POST-MATCH SOCIALS AT THE LOCAL PERI PERI, WHERE VICTORIES WERE CELEBRATED, PERFORMANCES DEBATED, AND TEAM SPIRIT CONTINUED TO FLOURISH.

LOOKING AHEAD, THE TEAM WILL BE COMPETING IN DIVISION 3 NEXT SEASON, WHERE A FRESH SET OF CHALLENGES AWAITS. GIVEN THE PROGRESS MADE THIS YEAR, THERE IS EVERY REASON TO BELIEVE THAT THIS TALENTED GROUP CAN CONTINUE THEIR UPWARD TRAJECTORY. INDEED, HENDON SCHOOL WILL ENTER THE NEW SEASON WITH HIGH HOPES OF MOUNTING A PROMOTION CHALLENGE.



YEAR 8

LED BY MR TOBIAS, THE YEAR 8 FOOTBALL TEAM HAS ENJOYED A FANTASTIC SEASON. THIS TALENTED GROUP OF BOYS CONSISTENTLY PERFORM AT A HIGH LEVEL ACROSS A RANGE OF SPORTS, WHETHER THAT BE FOOTBALL, BASKETBALL OR ATHLETICS, AND THEIR SPORTING ABILITY HAS CERTAINLY SHONE THROUGH ON THE FOOTBALL PITCH.

THE TEAM PLAYED AN EXCITING BRAND OF ATTACKING FOOTBALL THROUGHOUT THE SEASON, DEMONSTRATING EXCELLENT TEAMWORK, INTELLIGENT MOVEMENT AND THE ABILITY TO MAINTAIN POSSESSION WHILE CREATING GOAL-SCORING OPPORTUNITIES.



A SIX-WEEK COACHING BLOCK WITH MR AMAURI, AS PART OF THEIR EXTENSION CURRICULUM, GAVE THE SQUAD THE CHANCE TO DEVELOP THEIR TACTICAL UNDERSTANDING, AND IT WAS FANTASTIC TO SEE THESE IDEAS TRANSFERRED INTO COMPETITIVE MATCHES. THE HARD WORK PAID OFF WITH SOME EXCELLENT PERFORMANCES AND IMPRESSIVE RESULTS THROUGHOUT THE SEASON. WELL DONE, BOYS!

YEAR 9

THE YEAR 9 FOOTBALL TEAM FACED A CHALLENGING SEASON AFTER BEING PLACED IN LEAGUE 1, WHERE THEY COMPETED AGAINST SOME EXTREMELY STRONG OPPOSITION. DESPITE THE STEP UP IN COMPETITION, THE SQUAD APPROACHED EACH GAME WITH DETERMINATION AND CONTINUED TO DEVELOP THROUGHOUT THE SEASON. A TALENTED GROUP WITH EXCELLENT TECHNICAL ABILITY, SEVERAL PLAYERS EVEN STEPPED UP TO REPRESENT THE YEAR 10 TEAM, HIGHLIGHTING THE QUALITY AND POTENTIAL WITHIN THE SQUAD.

THE TEAM DISPLAYED CREATIVITY AND CONFIDENCE ON THE BALL AND CONTINUED TO WORK HARD TO DEVELOP THEIR PERFORMANCES AS THE SEASON PROGRESSED. THE STRENGTH IN DEPTH ACROSS THE SQUAD ALSO ALLOWED MR TOBIAS TO ADAPT HIS TACTICS DEPENDING ON THE OPPOSITION, WITH THE TEAM SHOWING RESILIENCE AND DETERMINATION EVEN WHEN FACED WITH DIFFICULT CHALLENGES. STANDOUT PERFORMERS THIS SEASON INCLUDED JEREMIAH, EMIL, ELVIS, IMAN, WYNE AND EMMANUEL, WHO ALL MADE SIGNIFICANT CONTRIBUTIONS THROUGHOUT THE YEAR. THEIR COMMITMENT, POSITIVE ATTITUDE AND GENUINE LOVE FOR THE GAME WERE EVIDENT THROUGHOUT THE SEASON AND MADE THE WHOLE SQUAD A PLEASURE TO MANAGE.



YEAR 10

THE YEAR 10 FOOTBALL TEAM HAS ENJOYED AN OUTSTANDING SEASON, PRODUCING SOME EXCELLENT PERFORMANCES ACROSS BOTH LEAGUE AND CUP COMPETITIONS.

IN THE LEAGUE, THE TEAM COLLECTED AN IMPRESSIVE SEVEN POINTS FROM A POSSIBLE NINE IN THEIR OPENING THREE FIXTURES, DEMONSTRATING CONSISTENCY AND QUALITY THROUGHOUT. THEY ALSO ENJOYED AN EXCELLENT RUN IN THE CUP, REACHING THE SEMI-FINALS AFTER A SERIES OF STRONG PERFORMANCES. THEIR COMMITMENT, TEAMWORK AND DETERMINATION HAVE BEEN EVIDENT ALL SEASON, AND THEY SHOULD BE INCREDIBLY PROUD OF EVERYTHING THEY HAVE ACHIEVED.

THE BOYS ENDED THE SEASON BY MAKING HISTORY WITH A SUPERB 10-3 VICTORY IN THEIR FIRST EVER FUTSAL FIXTURE.



GIRLS FOOTBALL

WHAT A YEAR IT HAS BEEN FOR GIRLS' FOOTBALL AT HENDON! FOLLOWING A SIGNIFICANT YEAR OF GROWTH LAST SEASON, THE PROGRAMME HAS CONTINUED TO FLOURISH, WITH MORE OPPORTUNITIES THAN EVER BEFORE FOR GIRLS TO PLAY, COMPETE AND DEVELOP. THIS YEAR, OVER 70 STUDENTS FROM YEARS 7-11 ATTENDED WEEKLY FOOTBALL TRAINING, WITH SESSIONS RUNNING THROUGHOUT BOTH THE WINTER SEASON AND THE SUMMER MONTHS TO ENSURE YEAR-ROUND OPPORTUNITIES FOR PLAYERS TO CONTINUE DEVELOPING THEIR SKILLS.

THE EXPANSION OF OUR COMPETITIVE PROGRAMME HAS BEEN A REAL HIGHLIGHT. WE ENTERED THREE TEAMS INTO THE LOCAL LEAGUES—TWO MORE THAN LAST YEAR—AS WELL AS TWO TEAMS INTO THE ESFA NATIONAL CUP COMPETITIONS, GIVING EVEN MORE STUDENTS THE OPPORTUNITY TO REPRESENT HENDON SCHOOL AT A COMPETITIVE LEVEL.

INCREASING PARTICIPATION HAS REMAINED AT THE HEART OF EVERYTHING WE DO. OUR ANNUAL INTERNATIONAL WOMEN'S DAY FOOTBALL TOURNAMENT ONCE AGAIN PROVIDED A FANTASTIC CELEBRATION OF THE GIRLS' GAME, WITH MORE THAN 200 GIRLS COMPETING AT POWERLEAGUE. SUPPORTED BY OUR VALUED PARTNERS AT BARNET PANTHERS, THE EVENT CONTINUES TO INSPIRE STUDENTS TO GET INVOLVED IN FOOTBALL AND CELEBRATE THE GROWTH OF THE WOMEN'S GAME.

OUR PARTNERSHIP WITH BARNET PANTHERS HAS ALSO CREATED VALUABLE LEADERSHIP OPPORTUNITIES. FOLLOWING THE INTERNATIONAL WOMEN'S DAY TOURNAMENT, MEMBERS OF OUR YEAR 9 FOOTBALL TEAM WORKED ALONGSIDE BARNET PANTHERS TO OFFICIATE OUR ANNUAL PRIMARY GIRLS' FOOTBALL TOURNAMENT, DEVELOPING THEIR CONFIDENCE AND LEADERSHIP SKILLS WHILE GIVING BACK TO THE LOCAL COMMUNITY. LOOKING AHEAD, WE ARE EXCITED TO BE WORKING WITH MIDDLESEX FA TO HOST AN FA REFEREE COURSE NEXT YEAR, ENABLING THESE STUDENTS TO GAIN THEIR REFEREE QUALIFICATION AND CONTINUE SUPPORTING GRASSROOTS FOOTBALL.

BEYOND COMPETITION, OUR PARTNERSHIP WITH BARNET PANTHERS HAS CONTINUED TO STRENGTHEN COMMUNITY PARTICIPATION, WITH WEEKLY FOOTBALL SESSIONS AVAILABLE TO GIRLS OF ALL ABILITIES FOR JUST £1. THESE ACCESSIBLE SESSIONS HAVE HELPED REMOVE BARRIERS TO PARTICIPATION AND PROVIDED EVEN MORE OPPORTUNITIES FOR STUDENTS TO ENJOY FOOTBALL BEYOND THE SCHOOL ENVIRONMENT.



YEAR 7&8

OUR YEAR 7 & 8 GIRLS' FOOTBALL TEAM HAS HAD AN OUTSTANDING FIRST SEASON TOGETHER, COMPETING IN THE BARNET LEAGUE, BARNET CUP AND ESFA NATIONAL CUP. AS A COMBINED YEAR 7 AND 8 SQUAD, WITH THE MAJORITY OF PLAYERS IN YEAR 7 AND ONLY TWO YEAR 8 STUDENTS, THEY OFTEN FACED TEAMS MADE UP PREDOMINANTLY OF OLDER, STRONGER AND MORE PHYSICALLY DEVELOPED PLAYERS. DESPITE THIS CHALLENGE, THE GIRLS NEVER LET IT DETER THEM, DEMONSTRATING EXCEPTIONAL DETERMINATION, RESILIENCE AND A FANTASTIC ATTITUDE IN EVERY FIXTURE. THE SEASON BEGAN WITH MANY PLAYERS MAKING THEIR COMPETITIVE FOOTBALL DEBUT, BUT WITH EVERY MATCH THEIR CONFIDENCE, UNDERSTANDING AND TEAMWORK GREW. THEIR COMMITMENT TO WEEKLY TRAINING, ALONGSIDE THE RECRUITMENT OF MORE YEAR 7 PLAYERS, STRENGTHENED THE SQUAD THROUGHOUT THE YEAR, WITH PERFORMANCES AND RESULTS IMPROVING AS THE SEASON PROGRESSED.



ONE OF THE SEASON'S HIGHLIGHTS CAME IN THE ESFA NATIONAL CUP, WHERE THE TEAM SECURED AN IMPRESSIVE FIRST-ROUND VICTORY OVER A STRONG INDEPENDENT SCHOOL FROM WEST LONDON. THEIR REWARD WAS A SECOND-ROUND TRIP TO HERTFORDSHIRE TO FACE ANOTHER TALENTED SIDE. ALTHOUGH NARROWLY DEFEATED, THE GIRLS REPRESENTED HENDON WITH PRIDE AND PROVED THEY COULD COMPETE AGAINST HIGH-QUALITY OPPOSITION. THE TEAM'S DEVELOPMENT CONTINUED BEYOND THE COMPETITIVE SEASON, WITH TRAINING CARRYING ON INTO THE SUMMER AND NEW PLAYERS JOINING THE SQUAD FOR A FRIENDLY AGAINST ORION SCHOOL. TO ROUND OFF A MEMORABLE YEAR, THE GIRLS ENJOYED A COACHING SESSION AND STADIUM TOUR AT ARSENAL, A FITTING REWARD FOR THEIR HARD WORK AND COMMITMENT. THIS IS A TEAM WITH ENORMOUS POTENTIAL. MANY OF THE PLAYERS HAVE CONTINUED THEIR FOOTBALL JOURNEY BY ATTENDING BARNET PANTHERS COMMUNITY SESSIONS, DEVELOPING THEIR SKILLS BOTH IN AND OUT OF SCHOOL. WITH THE OPPORTUNITY TO COMPETE WITHIN THEIR OWN AGE GROUP NEXT SEASON, WE ARE EXCITED TO SEE WHAT THIS TALENTED GROUP CAN ACHIEVE.

YEAR 9

THE YEAR 9 GIRLS FOOTBALL TEAM HAVE HAD AN AMAZING SEASON THIS YEAR. THE COMMITMENT SHOWN FROM ALL PLAYERS THIS YEAR HAS BEEN OUTSTANDING WITH MANY OF THEM ATTENDING THE WEEKLY BARNET PANTHERS TRAINING SESSIONS AS WELL. THE GIRLS DID NOT HAVE THE BEST SEASON LAST YEAR HOWEVER, THEIR MOTIVATION AND DETERMINATION TO BE BETTER AND IMPROVE HAS BEEN BRILLIANT, AND THE GIRLS HAVE DONE JUST THAT.



THIS YEAR THE GIRLS WON THEIR GROUP WITH SOME POSITIVE RESULTS. OUR FIRST GAME SAW US BEATING MILL HILL COUNTY 1-0, THEN WE WENT ON TO BEATING LONDON ACADEMY 2-1 AND OUR FINAL GAME OF THE GROUP WAS A DRAW TO COTHALL 0-0. THIS MEANT THAT WE FINISHED OUR GROUP TOP AND UNBEATEN AND THEREFORE QUALIFIED FOR THE PLAY OFFS AGAINST THE OTHER GROUP WINNERS.

THE PLAY OFFS WERE HELD AT JCOSS SCHOOL AS THEY WERE ALSO ONE OF THE WINNERS FROM ANOTHER GROUP. THE FORMAT OF THE AFTERNOON WAS SET AS A LEAGUE TABLE WHERE EACH TEAM PLAYED EACH OTHER AND THE TEAM WITH THE MOST POINTS WON THE LEAGUE TITLE. THE HENDON GIRLS TURNED UP WITH SOME SERIOUS FIGHT AND PASSION TO BECOME LEAGUE WINNERS.

HAVING WON BOTH OUR FIRST TWO GAMES, IT WAS JUST JCOSS LEFT TO BEAT. THEY HAD ALSO WON BOTH THEIR GAMES WHICH MEANT THIS WAS THE DECIDER. THE HENDON GIRLS GAVE IT 100% AND LEFT ALL THEIR EFFORTS ONTO THE PITCH, UNFORTUNATELY WE DID NOT COME AWAY WITH THE WIN, BUT WERE PROUD TO BE AWARDED SECOND PLACE AND LEAVE WITH SILVER MEDALS AND RANKED 2ND IN BARNET

YEAR 10&11

THE YEAR 10 & 11 GIRLS' FOOTBALL TEAM COMPLETED A SHORTENED LEAGUE CAMPAIGN, FULFILLING THREE FIXTURES AGAINST STRONG OPPOSITION. DESPITE HAVING A SMALL SQUAD AND LACKING THE DEPTH OF MANY TEAMS IN THE LEAGUE, THE GIRLS DEMONSTRATED TREMENDOUS RESILIENCE, DETERMINATION AND TOGETHERNESS IN EVERY MATCH. THEY NEVER GAVE UP, COMPETED WITH REAL GRIT AND PRODUCED SOME EXCELLENT PERFORMANCES, REPRESENTING HENDON WITH PRIDE THROUGHOUT THE SEASON.



BOYS BASKETBALL

BASKETBALL TRAINING BEGAN IN THE AUTUMN TERM, WITH OUTSTANDING COMMITMENT SHOWN BY STUDENTS WHO REGULARLY ATTENDED BEFORE-SCHOOL, LUNCHTIME AND AFTER-SCHOOL SESSIONS. COACHING HELPED DEVELOP THE TEAM'S TACTICAL UNDERSTANDING, BUT IT WAS THE DEDICATION OF STUDENTS PRACTISING INDEPENDENTLY ON THE OUTDOOR COURTS THAT REALLY ELEVATED PERFORMANCES. MANY PLAYERS ACCUMULATED HOURS OF ADDITIONAL PRACTICE EACH WEEK, ARRIVING AS EARLY AS 7:30AM AND TAKING EVERY OPPORTUNITY TO IMPROVE. THEIR COMMITMENT WAS REFLECTED IN SIGNIFICANTLY IMPROVED PERFORMANCES AND SOME IMPRESSIVE SCORELINES THROUGHOUT THE SEASON.

YEAR 7

THE YEAR 7 BASKETBALL TEAM GREW AS THE SEASON WENT ON, THEIR COMMITMENT TO TRAINING WAS BRILLIANT WITH A LARGE NUMBER OF STUDENTS ATTENDING AFTERSCHOOL. NOT ONLY WERE THEY EXTREMELY COMMITTED TO TRAINING AFTER SCHOOL, BUT THEY WOULD ALSO REGULARLY FILL UP LUNCH CLUB AS THEY WERE SO POSITIVE ABOUT BECOMING BETTER PLAYERS. THIS MADE IT DIFFICULT TO PICK A SQUAD READY TO PLAY FIXTURES. FOR MANY OF THESE STUDENTS BASKETBALL WAS A NEW SPORT AND AS EXCITING AS IT WAS, STUDENTS HAD TO LEARN THE NEW RULES AND IMPLEMENT THIS INTO PRACTICE. UNFORTUNATELY, WE DID NOT GET MANY FIXTURES IN THIS SEASON WITH MANY SCHOOLS NOT ABLE TO PUT TOGETHER A BASKETBALL TEAM. I WAS EXTREMELY IMPRESSED WITH THE ATTITUDE AND OUTCOME OF OUR YEAR 7S AND WITH THE AMOUNT OF TRAINING WE HAVE HAD, I AM SURE THAT THE TEAM WILL CONFIDENTLY GROW GOING INTO THE NEW SEASON.



YEAR 8

THE YEAR 8 BOYS HAVE BEEN REALLY COMMITTED TO THEIR BASKETBALL THIS SEASON. NOT ONLY ARE THEY ALWAYS IN ATTENDANCE AT TRAINING AFTER SCHOOL, BUT THEY ARE ALSO REGULARLY ATTENDING LUNCH TIME BASKETBALL CLUB AS WELL AS TRAINING THEMSELVES ON THE COURT AT LUNCH TIME EVERY OTHER DAY. ALL THIS PRACTICE AND EXTRA HARD WORK HAVE HAD A MASSIVE IMPACT AND HAS CONTINUED TO MAKE THIS TEAM UNSTOPPABLE.

THE BOYS WERE EXTREMELY MOTIVATED AFTER THE UNBEATEN LEAGUE WIN THAT WE HAD LAST SEASON AND WERE RARING TO GO AGAIN THIS YEAR. THEY HAVE GROWN SO CONFIDENTLY IN THEIR PERFORMANCE, THEIR TEAMWORK IS ADMIRABLE AND THE DESIRE TO WIN AND COMPETE IS AMAZING. I AM SO PROUD OF THESE BOYS AND ALL THEIR HARD WORK THAT THEY PUT ON.

THE BOYS HAVE GONE AND WON THE LEAGUE UNBEATEN AGAIN THIS SEASON, BACK-TO-BACK LEAGUE WINS IS UNHEARD OF IN SCHOOL SPORT, AND I AM SO IMPRESSED WITH THE EFFORTS THIS GROUP OF BOYS ARE DISPLAYING. 15 OUT OF 15 GAMES IN TWO SEASONS IS AN INCREDIBLE ACHIEVEMENT AND HUGE FOR HENDON SCHOOL. WELL DONE TO THE LEAGUE WINNERS, WE GO AGAIN FOR ANOTHER UNBEATEN SEASON NEXT YEAR.



YEAR 10



THE YEAR 10 BASKETBALL SQUAD IS A CLOSE-KNIT GROUP WHO HAVE TRAINED AND PLAYED TOGETHER THROUGHOUT THEIR FOUR YEARS AT HENDON. THEIR LONG-STANDING COMMITMENT TO THE SPORT IS REFLECTED IN THE STRONG RELATIONSHIPS THEY HAVE BUILT AND THE UNDERSTANDING THEY SHOW ON THE COURT.

THE TEAM HAS CONTINUED TO ATTEND TRAINING WITH ENTHUSIASM, ALWAYS LOOKING TO IMPROVE BOTH INDIVIDUALLY AND COLLECTIVELY. THEIR HARD WORK WAS REWARDED WITH AN OUTSTANDING RECORD ON THE COURT, WINNING ALL THREE OF THEIR FIXTURES THIS SEASON AND DEMONSTRATING THE QUALITY AND COHESION THEY HAVE DEVELOPED OVER THE YEARS. THEIR DEDICATION AND TEAMWORK HAVE BEEN A REAL STRENGTH, AND WITH ONE FINAL YEAR TOGETHER AHEAD OF THEM, THEY WILL BE LOOKING TO BUILD ON THIS SUCCESS AND FINISH THEIR HENDON BASKETBALL JOURNEY ON A HIGH.

YEAR 11

OUR YEAR 11 BASKETBALL TEAM HAS BEEN ONE OF THE LOUDEST—AND BIGGEST—SQUADS THIS SEASON! HAVING PLAYED TOGETHER SINCE YEAR 7, THEY HAVE BUILT A STRONG BOND ON AND OFF THE COURT AND HAVE ALWAYS EMBRACED EVERY OPPORTUNITY TO TRAIN AND COMPETE.

MANY MEMBERS OF THE SQUAD HAVE ALSO REPRESENTED THE SCHOOL IN NETBALL, WITH THE CROSSOVER BETWEEN THE TWO SPORTS STRENGTHENING THEIR COMMUNICATION, MOVEMENT AND TEAMWORK. THEIR COMMITMENT TO REPRESENTING HENDON ACROSS MULTIPLE SPORTS HAS BEEN OUTSTANDING.

A SPECIAL MENTION GOES TO MOSES, WHOSE PERFORMANCES, LEADERSHIP AND WILLINGNESS TO COACH, ENCOURAGE AND SUPPORT HIS TEAMMATES HAVE MADE HIM A TRUE TEAM PLAYER AND AN EXCELLENT ROLE MODEL.



GIRLS BASKETBALL

THE HENDON HUSKIES GIRLS BASKETBALL PROGRAMME HAS COMPLETED ANOTHER OUTSTANDING SEASON, FIRMLY ESTABLISHING ITSELF AS ONE OF THE LEADING SCHOOL BASKETBALL PROGRAMMES IN BARNET. NOW IN ITS THIRD YEAR, THE PROGRAMME CONTINUES TO GROW, PROVIDING GIRLS ACROSS THREE YEAR GROUPS WITH THE OPPORTUNITY TO DEVELOP THEIR SKILLS, CONFIDENCE AND UNDERSTANDING OF THE GAME IN A SUPPORTIVE, INCLUSIVE AND AMBITIOUS ENVIRONMENT.

THIS SEASON BROUGHT SUCCESS ACROSS EVERY AGE GROUP. THE YEAR 9 TEAM WERE CROWNED TOURNAMENT CHAMPIONS, THE YEAR 10 TEAM FINISHED AS RUNNERS-UP, AND THE YEAR 11 TEAM SECURED THIRD PLACE. THE HUSKIES ALSO EXCELLED IN THE FAST-PACED JR NBA 3V3 COMPETITION, WINNING THE BARNET QUALIFIERS AND EARNING A PLACE AMONG THE TOP EIGHT SCHOOLS ACROSS NORTH AND EAST LONDON—AN OUTSTANDING ACHIEVEMENT THAT REFLECTS THE QUALITY, COMMITMENT AND DEVELOPMENT OF THE PROGRAMME.



SEVERAL PLAYERS MADE EXCEPTIONAL CONTRIBUTIONS THROUGHOUT THE SEASON. MELVINA, DINA, ARTEMIS, JHENNIFER, FATMA AND EVA CONSISTENTLY DEMONSTRATED SKILL, COMMITMENT, LEADERSHIP AND A COMPETITIVE SPIRIT. SPECIAL RECOGNITION GOES TO YEAR 9 STUDENTS DINA AND ARTEMIS, WHO SUCCESSFULLY COMPETED ACROSS THE YEAR 9, 10 AND 11 COMPETITIONS, SHOWING REMARKABLE MATURITY AND ABILITY AGAINST OLDER OPPOSITION.

THE WIDER SQUAD, INCLUDING DIYA, AMELIE, ASIAH, ANHESSE, NAJMA, SAPHIA, YASMIN, NEELA, CHLOE AND SHARIFA, ALL PLAYED AN IMPORTANT ROLE IN THE PROGRAMME'S SUCCESS THROUGH THEIR COMMITMENT TO TRAINING, SUPPORT FOR ONE ANOTHER AND WILLINGNESS TO EMBRACE EVERY CHALLENGE. A SPECIAL MENTION ALSO GOES TO DIYA, WHOSE OUTSTANDING DEBUT SEASON, ENERGY AND RELENTLESS DEFENSIVE WORK WERE INSTRUMENTAL IN HELPING THE YEAR 9 TEAM SECURE THEIR TOURNAMENT TITLE.

FINALLY, CONGRATULATIONS TO NEELA, CHLOE AND SHARIFA, WHO PLAYED THEIR FINAL SEASON FOR THE HUSKIES. THEIR COMMITMENT, RESILIENCE AND LEADERSHIP HAVE HELPED SHAPE THE PROGRAMME OVER THE PAST THREE YEARS, LAYING THE FOUNDATIONS FOR ITS CONTINUED SUCCESS AND LEAVING A LASTING LEGACY FOR THE YOUNGER PLAYERS WHO FOLLOW.



NETBALL

WNETBALL HAS ENJOYED ANOTHER SUCCESSFUL YEAR AT HENDON, WITH MORE THAN 75 GIRLS REPRESENTING THE SCHOOL IN COMPETITIVE FIXTURES ACROSS EVERY YEAR GROUP FROM YEAR 7 THROUGH TO SIXTH FORM. PLAYERS HAVE DEMONSTRATED OUTSTANDING COMMITMENT TO WEEKLY TRAINING, CONTINUING TO DEVELOP THEIR INDIVIDUAL SKILLS, CONFIDENCE AND TEAMWORK, RESULTING IN EXCELLENT PERFORMANCES ACROSS ALL AGE GROUPS.

FOLLOWING THE INTRODUCTION OF BOYS' NETBALL LAST YEAR, OUR YEAR 10 AND 11 STUDENTS HAVE CONTINUED TO MAKE EXCEPTIONAL PROGRESS WHILE PREPARING FOR THEIR GCSE PRACTICAL EXAMINATIONS. THEIR DEDICATION TO TRAINING HAS LED TO SIGNIFICANT IMPROVEMENTS IN BOTH THEIR TECHNICAL ABILITY AND TACTICAL UNDERSTANDING, AND IT HAS BEEN FANTASTIC TO SEE THE ENTHUSIASM AND COMMITMENT THEY HAVE BROUGHT TO THE SPORT. THIS YEAR ALSO MARKED AN EXCITING MILESTONE AS HENDON ENTERED THE BARNET YEAR 10 MIXED NETBALL TOURNAMENT, GIVING STUDENTS THEIR FIRST OPPORTUNITY TO COMPETE TOGETHER IN EXTERNAL COMPETITION. ALONGSIDE THIS, THE BOYS REGULARLY TOOK PART IN INTERNAL FIXTURES, PUTTING THEIR DEVELOPING SKILLS INTO PRACTICE IN A COMPETITIVE ENVIRONMENT.

WITH STRONG PARTICIPATION ACROSS THE SCHOOL AND BOYS' AND MIXED NETBALL CONTINUING TO GROW, WE ARE EXCITED TO BUILD ON THIS YEAR'S SUCCESS BY EXPANDING OUR FIXTURE PROGRAMME AND CREATING EVEN MORE OPPORTUNITIES FOR STUDENTS TO REPRESENT HENDON.



YEAR 7

FOR MANY OF OUR YEAR 7 PLAYERS, THIS WAS THEIR FIRST EXPERIENCE OF COMPETITIVE NETBALL, WITH MOST HAVING ONLY PLAYED HIGH 5 AT PRIMARY SCHOOL OR HAVING NO PREVIOUS EXPERIENCE AT ALL. WE BEGAN THE SEASON WITH A SMALL SQUAD, BUT ATTENDANCE AND INTEREST GREW STEADILY THROUGHOUT THE YEAR AS MORE STUDENTS JOINED THE TEAM.

THE GIRLS APPROACHED EVERY TRAINING SESSION WITH ENTHUSIASM AND POSITIVITY, DEVELOPING THEIR UNDERSTANDING OF THE GAME BEFORE PUTTING THEIR LEARNING INTO PRACTICE IN COMPETITIVE FIXTURES. EACH MATCH PROVIDED VALUABLE EXPERIENCE, HELPING THE TEAM IDENTIFY THEIR STRENGTHS, ESTABLISH POSITIONAL COMBINATIONS AND GROW IN CONFIDENCE. ALTHOUGH THEY DID NOT PROGRESS TO THE LEAGUE PLAY-OFFS, THEIR PERFORMANCES IMPROVED WITH EVERY GAME, CULMINATING IN THEIR FIRST VICTORY AT THE END-OF-SEASON TOURNAMENT. THIS YOUNG SQUAD HAS LAID STRONG FOUNDATIONS AND WILL BE EXCITING TO WATCH AS THEY MOVE INTO YEAR 8 NEXT SEASON.



YEAR 8



OUR YEAR 8 SQUAD HAS REMAINED A SMALLER GROUP THIS SEASON, BUT THE PLAYERS HAVE CONTINUED TO SHOW ENTHUSIASM, RESILIENCE AND A REAL DESIRE TO IMPROVE. THIS TERM, THEY HAVE BENEFITTED FROM PERSONALISED COACHING SESSIONS AS PART OF THE YEAR 8 EXTENSION CURRICULUM, HELPING TO DEVELOP INDIVIDUAL SKILLS WHILE BUILDING GREATER STRENGTH AND DEPTH WITHIN THE SQUAD.

A CHANGE IN COACHING MIDWAY THROUGH THE SEASON INEVITABLY BROUGHT SOME DISRUPTION, MAKING IT MORE CHALLENGING TO MAINTAIN MOMENTUM. DESPITE THIS, THE GIRLS CONTINUED TO WORK HARD, AND THE PROGRESS THEY HAVE MADE PROVIDES A STRONG FOUNDATION FOR THE FUTURE. WE ARE LOOKING FORWARD TO RETURNING NEXT SEASON WITH A BIGGER, STRONGER SQUAD AND ARE ESPECIALLY EXCITED TO WELCOME BACK OUR GA, ALISHA, WHOSE SUPPORT AND EXPERIENCE WILL BE INVALUABLE AS WE CONTINUE TO DEVELOP THE TEAM.

YEAR 9

THE YEAR 9 NETBALL SQUAD HAS BEEN ONE OF OUR MOST COMMITTED GROUPS THIS SEASON, WITH TRAINING REGULARLY ATTRACTING OVER 20 STUDENTS—MORE THAN THREE TIMES THE SIZE OF A MATCHDAY SQUAD. THIS MADE TEAM SELECTION INCREDIBLY DIFFICULT EACH WEEK AND IS A TESTAMENT TO THE ENTHUSIASM AND DEDICATION WITHIN THE YEAR GROUP.

ON COURT, THE TEAM DEMONSTRATED EXCELLENT TEAMWORK, RESILIENCE AND DETERMINATION, PRODUCING SOME FANTASTIC PERFORMANCES AND SECURING A NUMBER OF IMPRESSIVE VICTORIES. THEY NARROWLY MISSED OUT ON A PLACE IN THE PLAY-OFFS AFTER BEING UNABLE TO SCHEDULE THEIR FINAL LEAGUE FIXTURE, BUT THEIR PERFORMANCES THROUGHOUT THE SEASON SHOWED JUST HOW COMPETITIVE THEY ARE.

WITH THE QUALITY, COMMITMENT AND DETERMINATION THIS SQUAD HAS SHOWN, THEY WILL UNDOUBTEDLY BE AIMING TO COMPETE FOR TROPHIES NEXT SEASON. WE CAN'T WAIT TO SEE WHAT THIS TALENTED GROUP CAN ACHIEVE.



YEAR 10

THE YEAR 10 TEAM HAS CONTINUED TO GROW FROM STRENGTH TO STRENGTH. WHAT BEGAN WITH JUST ONE OR TWO COMMITTED PLAYERS IN YEAR 7 HAS DEVELOPED INTO A FULL SQUAD, THANKS TO THE DEDICATION AND PERSEVERANCE OF THE GIRLS INVOLVED. THIS HAS BEEN THEIR STRONGEST SEASON YET, WITH THE TEAM CONSISTENTLY FIELDING A COMPLETE SQUAD FOR EVERY FIXTURE WHILE ENJOYING EVERY OPPORTUNITY TO PLAY TOGETHER. THIS YEAR HAS BEEN THEIR MOST SUCCESSFUL YET AFTER WINNING THEIR LEAGUE POOL AND MAKING IT TO THE BARNET PLAY OFFS AND PLACING THIRD IN THE WHOLE OF BARNET FOR THEIR AGE CATEGORY!



IT HAS ALSO BEEN FANTASTIC TO WELCOME KELLY AND MAURA TO THE TEAM THIS YEAR, WHOSE ENTHUSIASM AND CONTRIBUTIONS HAVE STRENGTHENED THE SQUAD. SPECIAL RECOGNITION GOES TO HALIMA AND MELVINA, WHOSE COMMITMENT HAS EXTENDED BEYOND THE SCHOOL SEASON. BY CONTINUING TO TRAIN AND CHALLENGE THEMSELVES THROUGH MIXED NETBALL DURING THE OFF-SEASON, THEY HAVE SHOWN A REAL DETERMINATION TO DEVELOP THEIR GAME AND SET A BRILLIANT EXAMPLE FOR THEIR TEAMMATES.

YEAR 11



OUR YEAR 11 GIRLS' SQUAD HAS BEEN A FANTASTIC EXAMPLE OF COMMITMENT AND DEDICATION, WITH A CORE GROUP OF PLAYERS ATTENDING WEEKLY TRAINING SESSIONS TOGETHER SINCE YEAR 7. OVER THE PAST FIVE YEARS, THEY HAVE DEVELOPED NOT ONLY AS INDIVIDUAL PLAYERS BUT ALSO AS A CLOSE-KNIT TEAM, CONTINUALLY IMPROVING THEIR PERFORMANCES AND SUPPORTING ONE ANOTHER BOTH ON AND OFF THE COURT. THEIR COMMITMENT REMAINED UNWAVERING THROUGHOUT YEAR 11, WITH MANY CONTINUING TO TRAIN RIGHT UP UNTIL THE START OF THEIR GCSE EXAMINATIONS.

THIS GROUP SHOULD BE INCREDIBLY PROUD OF EVERYTHING THEY HAVE ACHIEVED. THEY HAVE REPRESENTED HENDON WITH DETERMINATION, RESILIENCE AND EXCELLENT SPORTSMANSHIP, WHILE BUILDING FRIENDSHIPS AND CREATING MEMORIES THAT WILL LAST LONG AFTER THEIR TIME AT SCHOOL. THEY HAVE BEEN A PLEASURE TO COACH, AND WE WISH THEM EVERY SUCCESS IN THE FUTURE.

MIXED & MALE NETBALL

FOLLOWING THE INTRODUCTION OF BOYS' NETBALL LAST YEAR, OUR YEAR 10 AND YEAR 11 STUDENTS HAVE CONTINUED TO MAKE EXCEPTIONAL PROGRESS AS THEY PREPARED FOR THEIR GCSE PRACTICAL EXAMINATIONS. THEIR DEDICATION TO WEEKLY TRAINING HAS BEEN EVIDENT IN THE QUALITY OF THEIR PERFORMANCES, WITH SIGNIFICANT IMPROVEMENTS IN BOTH THEIR TECHNICAL ABILITY AND TACTICAL UNDERSTANDING OF THE GAME. IT HAS BEEN FANTASTIC TO SEE THE ENTHUSIASM AND COMMITMENT THEY HAVE BROUGHT TO THE SPORT, FURTHER STRENGTHENING THE NETBALL PROGRAMME AT HENDON.

THIS YEAR ALSO MARKED AN EXCITING MILESTONE AS WE ENTERED THE BARNET YEAR 10 MIXED NETBALL TOURNAMENT, GIVING OUR PLAYERS THEIR FIRST TASTE OF COMPETITIVE EXTERNAL NETBALL. ALONGSIDE THIS, THE BOYS REGULARLY COMPETED IN INTERNAL FIXTURES, ALLOWING THEM TO PUT THEIR DEVELOPING SKILLS INTO PRACTICE IN A COMPETITIVE ENVIRONMENT. LOOKING AHEAD, WE ARE EXCITED TO BUILD ON THESE FOUNDATIONS BY EXPANDING OUR FIXTURE PROGRAMME AND CREATING MORE OPPORTUNITIES FOR OUR STUDENTS TO COMPETE AGAINST LOCAL SCHOOLS AS BOYS' NETBALL CONTINUES TO GROW AT HENDON.



RUGBY

RUGBY HAS BEEN A NEWLY RENOVATED SPORT BACK WITHIN HENDON OVER THE PAST COUPLE YEARS. BEING LUCKY ENOUGH TO PARTNER WITH SARACENS COACHES AT THE BEGINNING OF THE SCHOOL YEAR HAS BEEN PIVOTAL IN THE GROWTH OF RUGBY ACROSS OUR KS3 COHORT. HAVING WEEKLY COACHING DURING OUR LESSONS HAS REALLY ENCOURAGED STUDENTS WHO ARE UNSURE OF RUGBY TO DEVELOP THEIR KNOWLEDGE, PERFORMANCE AND PASSION FOR THE SPORT. WE HAVE BEEN EXTREMELY LUCKY THAT FROM THESE SARACENS LESSONS WE HAVE BEEN ABLE TO CREATE THREE TEAMS THAT HAVE COMPETED IN SARACENS FESTIVALS AND FIXTURES AGAINST OTHER SCHOOLS IN BOTH T1 AND CONTACT RUGBY.

RUGBY IS AN ONGOING PROGRAMME THAT WE LOOK TO CONTINUE DEVELOPING FURTHER AND CONTINUE PROVIDING OPPORTUNITIES FOR OUR STUDENTS. WE HAVE HAD MANY FESTIVALS, FIXTURES AND TRAINING SESSIONS AND HOPE WE CAN CONTINUE TO GROW THESE OPPORTUNITIES.



YEAR 7

YEAR 7 STUDENTS HAVE SHOWN FANTASTIC ENTHUSIASM AND COMMITMENT TO RUGBY THIS YEAR. AS PART OF THEIR PE CURRICULUM, BOTH GIRLS AND BOYS BENEFITED FROM WEEKLY COACHING SESSIONS DELIVERED BY THE SARACENS FOUNDATION, DEVELOPING THEIR SKILLS, CONFIDENCE AND UNDERSTANDING OF THE GAME. STUDENTS ENGAGED EXTREMELY WELL WITH THE SESSIONS, WITH ADVANCED GROUPS CREATED FOR BOTH GIRLS AND BOYS TO PROVIDE FURTHER CHALLENGE AND DEVELOPMENT.

THE YEAR 7 GIRLS LEARNED THE NEW T1 RUGBY FORMAT AND WERE INVITED TO ATTEND A FESTIVAL AT FINCHLEY RUGBY CLUB. THEY TOOK PART IN A RANGE OF DRILLS AND GAMES LED BY THE CLUB'S COACHES BEFORE COMPETING WITH AND AGAINST STUDENTS FROM OTHER SCHOOLS, GIVING THEM THE OPPORTUNITY TO PUT THEIR LEARNING INTO PRACTICE.

THE YEAR 7 BOYS COMPETED AT THE SARACENS FESTIVAL AT STONEX STADIUM, PLAYING FIXTURES AGAINST A RANGE OF OTHER SCHOOLS. THEY PERFORMED EXTREMELY WELL THROUGHOUT THE COMPETITION, DEMONSTRATING GREAT EFFORT, DETERMINATION AND TEAMWORK. DESPITE NARROWLY MISSING OUT ON A PLACE IN THE FINALS FOLLOWING TWO DEFEATS, THE TEAM FINISHED STRONGLY IN THE GROUP STANDINGS—AN EXCELLENT ACHIEVEMENT IN THEIR FIRST YEAR OF PLAYING RUGBY.

OVERALL, IT HAS BEEN A FANTASTIC YEAR FOR YEAR 7 RUGBY, WITH STUDENTS EMBRACING THE OPPORTUNITIES TO DEVELOP THEIR SKILLS AND REPRESENT THE SCHOOL IN COMPETITIVE EVENTS.



YEAR 8 BOYS

THE YEAR 8 BOYS WERE EXTREMELY EXCITED TO GET BACK TO RUGBY THIS SEASON. THEY WORKED SO HARD LAST SEASON TO UNDERSTAND THE RULES FOR BOTH T1 AND CONTACT AND PUT 100% INTO ALL SESSIONS AND COMPETITIONS. THE EFFORT WITHIN LESSON WITH THE SARACENS COACHES WAS BRILLIANT AND THE STUDENTS DEVELOPED AND PROGRESSED WITH SUCH CONFIDENCE AND PASSION IN THEIR PERFORMANCE.

WE THEN ENTERED THE SARACENS FESTIVAL AT STONE X WHICH RAN OVER TWO WEEKS IN WHICH THE BOYS PLAYED FULL CONTACT RUGBY AGAINST A RANGE OF DIFFERENT SCHOOLS. LOSING ONLY ONE GAME THROUGHOUT MEANT THAT THE YEAR 8 TEAM FINISHED WITH THE HIGHEST NUMBER OF POINTS AND OVERALL WON THE WHOLE COMPETITION. THE BOYS WERE SO HAPPY RECEIVING THEIR MEDALS AND TROPHY AFTER THE COMPETITION AND THIS HAS ONLY MOTIVATED THEM TO ACHIEVE MORE FOR NEXT SEASON.

THE EFFORT AND LEVELS HAD ONLY INCREASED THIS SEASON WITH TWO PLAYERS BEING OFFERED TEAMS EXTERNALLY.



VOLLEYBALL



VOLLEYBALL HAS CONTINUED TO GROW FROM STRENGTH TO STRENGTH THIS YEAR, WITH THE SEASON GETTING OFF TO AN EXCITING START AFTER SECURING A MOVEMENT FUND GRANT TO SUPPORT THE DEVELOPMENT OF THE SPORT AT HENDON. THIS FUNDING HAS ENABLED US TO PURCHASE FULL-SIZE POSTS AND NETS, SIGNIFICANTLY IMPROVING THE QUALITY OF TRAINING AND COMPETITION, WHILE ALSO INCREASING THE COACHING HOURS AVAILABLE THROUGH OUR DEDICATED VOLLEYBALL COACH, STUART FULLERTON. IN ADDITION, MISS FUNG HAS ESTABLISHED A KEY STAGE 4 AND 5 MIXED VOLLEYBALL SQUAD, PROVIDING EVEN MORE OPPORTUNITIES FOR STUDENTS THROUGH EXTRA TRAINING SESSIONS, STAFF FIXTURES AND FRIENDLY MATCHES. A PARTICULAR HIGHLIGHT OF THE YEAR WAS HOSTING THE BARNET KEY STAGE 5 4V4 VOLLEYBALL TOURNAMENT. HENDON ENTERED MULTIPLE TEAMS, INCLUDING STUDENTS AS YOUNG AS YEAR 8 COMPETING AGAINST YEAR 12 AND 13 STUDENTS. ALL OF OUR TEAMS PERFORMED EXCEPTIONALLY WELL, WITH ONE TEAM FINISHING AS RUNNERS-UP AND BRINGING HOME SILVER MEDALS.

THE CONTINUED GROWTH IN PARTICIPATION HAS BEEN FANTASTIC TO SEE, WITH INCREASING NUMBERS OF STUDENTS CHOOSING VOLLEYBALL AS THEIR SPORT. THIS ENTHUSIASM HAS ALSO BEEN RECOGNISED THROUGH SEVERAL JACK PETCHEY ACHIEVEMENT AWARDS, WITH RECIPIENTS CHOOSING TO INVEST THEIR GRANTS BACK INTO THE PROGRAMME BY PURCHASING NEW TRAINING TOPS, A NEW PLAYING KIT, ADDITIONAL VOLLEYBALLS AND FUNDING A BEACH VOLLEYBALL TRIP DURING THE FINAL WEEK OF TERM.

LOOKING AHEAD, THERE IS EVEN MORE TO BE EXCITED ABOUT. OUR AMBITION IS TO ESTABLISH A HENDON VOLLEYBALL CLUB OPERATING FROM THE SCHOOL, PROVIDING STUDENTS WITH A CLEAR PATHWAY INTO COMPETITIVE VOLLEYBALL AND ENSURING THE CONTINUED GROWTH AND SUCCESS OF THE SPORT FOR YEARS TO COME.



ATHLETICS

THE ATHLETICS SEASON GOT UNDERWAY IN THE SUMMER TERM, AND FROM THE VERY FIRST WEDNESDAY AFTERNOON THE ENTHUSIASM WAS CLEAR AS STUDENTS FILLED THE SCHOOL FIELD TO RUN, JUMP AND THROW. ACROSS EVERY DISCIPLINE, ATHLETES DEMONSTRATED OUTSTANDING COMMITMENT, ATTENDING TRAINING WEEK AFTER WEEK TO DEVELOP BOTH THEIR TECHNIQUE AND FITNESS.

OUR DISTANCE RUNNERS COVERED THOUSANDS OF METRES THROUGH DEMANDING INTERVAL SESSIONS, WHILE THE SPRINT SQUAD WORKED TIRELESSLY TO PERFECT THEIR STARTS, ACCELERATION AND RACE FINISHES. RELAY TEAMS SPENT COUNTLESS LAPS MASTERING BATON CHANGES, KNOWING THAT FRACTIONS OF A SECOND CAN MAKE ALL THE DIFFERENCE. IN THE FIELD EVENTS, OUR THROWERS SHOWED EQUAL DEDICATION, REFINING THEIR SHOT PUT, JAVELIN AND DISCUS TECHNIQUE THROUGH REPETITION, TAKING ON FEEDBACK FROM STAFF AND SUPPORTING ONE ANOTHER TO IMPROVE.

ALL OF THIS HARD WORK WAS EVIDENT DURING OUR ATHLETICS MEETS AT STONEX STADIUM, WHERE OUR YEAR 7, 8 AND 9 ATHLETES PRODUCED SOME EXCELLENT PERFORMANCES AGAINST LOCAL SCHOOLS IN PREPARATION FOR THE BARNET CHAMPIONSHIPS. THESE COMPETITIONS PROVIDED VALUABLE EXPERIENCE AND CONFIDENCE, SETTING OUR ATHLETES UP WELL TO COMPETE FOR MEDALS.

THE SEASON CONCLUDED WITH OUR ANNUAL SPORTS DAY AT WILLESDEN ATHLETICS TRACK, WHERE STUDENTS SHOWCASED THE PROGRESS THEY HAD MADE THROUGHOUT THE TERM. IT WAS FANTASTIC TO SEE SO MANY ATHLETES DELIVER OUTSTANDING PERFORMANCES ON THE BIG STAGE, WHILE A NUMBER OF NEW FACES EMERGED, EARNING PLACES IN THE BARNET CHAMPIONSHIPS SQUAD THROUGH EXCEPTIONAL DISPLAYS. SPORTS DAY ONCE AGAIN HIGHLIGHTED THE DEPTH OF ATHLETIC TALENT AT HENDON AND WAS A FITTING CELEBRATION OF ANOTHER SUCCESSFUL ATHLETICS SEASON.

YEAR 7

THE YEAR 7S HAVE ADAPTED INCREDIBLY WELL TO ATHLETICS THIS YEAR. LEARNING A RANGE OF NEW EVENTS AND TECHNIQUES, THE STUDENTS HAVE TAKEN EVERYTHING IN THEIR STRIDE, SHOWING GREAT RESILIENCE, DETERMINATION AND EFFORT. THEIR ENTHUSIASM WAS DEMONSTRATED BY THE NUMBER OF STUDENTS ATTENDING ATHLETICS TRAINING AFTER SCHOOL, CREATING AN AMAZING ATMOSPHERE AS EVERYONE PRACTISED THEIR EVENTS AND AIMED TO IMPROVE.

OUR ATHLETICS MEETS HAVE SEEN SOME EXCELLENT PERFORMANCES, WITH STUDENTS ACHIEVING TOP-THREE FINISHES ACROSS THROWING, SPRINTING AND LONG-DISTANCE EVENTS. THE MOTIVATION AND TEAM SPIRIT HAVE BEEN INCREDIBLE, WITH STUDENTS CHEERING AND CELEBRATING THEIR TEAMMATES' SUCCESSES THROUGHOUT.

THE SEASON ENDED BRILLIANTLY AT THE BARNET ATHLETICS CHAMPIONSHIPS, WITH STANDOUT PERFORMANCES FROM THE WHOLE TEAM.

CONGRATULATIONS TO OUR MEDAL WINNERS: JESSICA IN 200M, TINA IN DISCUS, FAITH IN 100M AND HAMZA IN JAVELIN. MANY OTHERS PERFORMED BRILLIANTLY, PROGRESSING THROUGH HEATS AND NARROWLY MISSING MEDALS. A FANTASTIC END TO AN EXCITING FIRST ATHLETICS SEASON!



YEAR 8



THE YEAR 8 ATHLETICS SQUAD HAS SHOWN EXCELLENT COMMITMENT THROUGHOUT THE SEASON, ATTENDING TRAINING SESSIONS, COMPETING AT THE BARNET ATHLETIC MEET AND REPRESENTING THE SCHOOL PROUDLY AT SPORTS DAY HELD AT WILLESSEN ATHLETICS TRACK. THE SQUAD HAS CONTINUED TO DEVELOP ACROSS ALL DISCIPLINES, WITH ATHLETES EMBRACING NEW CHALLENGES AND CONSISTENTLY GIVING THEIR BEST IN BOTH TRAINING AND COMPETITION.

THERE HAVE BEEN SOME FANTASTIC INDIVIDUAL PERFORMANCES ALONG THE WAY. NABIL HAS BEEN AN ENDURANCE POWERHOUSE ALL SEASON, SEEMINGLY NEVER TIRING WHETHER IN TRAINING OR COMPETITION. HIS DETERMINATION WAS ON FULL DISPLAY DURING SPORTS DAY, WHERE HE COMPLETED EVERY RUNNING EVENT BACK-TO-BACK AND STILL HAD ENERGY TO SPARE, AS WELL AS SECURING AN IMPRESSIVE SECOND PLACE IN 800M AT THE BARNET ATHLETIC MEET. MYSHATT HAS DEMONSTRATED EXCEPTIONAL SPEED, WINNING EVERY SPRINT EVENT ON SPORTS DAY BEFORE GOING ON TO CLAIM SECOND PLACE IN 100M AT THE BARNET ATHLETIC MEET. ALISTONE HAS PROVED TO BE AN INCREDIBLY VERSATILE ATHLETE, EXCELLING IN BOTH SPRINT AND ENDURANCE EVENTS, HIGHLIGHTED BY HIS SECOND-PLACE FINISH IN 200M.

THE SEASON ENDED ON A FANTASTIC HIGH AT THE BARNET ATHLETICS CHAMPIONSHIPS. A HUGE CONGRATULATIONS TO MEHRAN, WHO PRODUCED AN OUTSTANDING PERFORMANCE TO TAKE 1ST PLACE IN JAVELIN AND BECOME THE BEST IN BARNET! A MASSIVE ACCOMPLISHMENT AND A BRILLIANT WAY TO END A FANTASTIC ATHLETICS SEASON FOR YEAR 8.

YEAR 9

THE YEAR 9 ATHLETICS TEAM HAS CONTINUED TO REPRESENT THE SCHOOL WITH ENTHUSIASM AND DETERMINATION THIS SEASON. THROUGH REGULAR TRAINING SESSIONS, THE BARNET ATHLETIC MEET AND SPORTS DAY AT WILLESSEN ATHLETICS TRACK, THE SQUAD HAS DEMONSTRATED A POSITIVE ATTITUDE AND A WILLINGNESS TO CHALLENGE THEMSELVES ACROSS A RANGE OF EVENTS. THEIR HARD WORK HAS RESULTED IN SOME EXCELLENT PERFORMANCES THROUGHOUT AN EXCITING SEASON.

SEVERAL ATHLETES DESERVE SPECIAL RECOGNITION FOR THEIR CONTRIBUTIONS. EVA EMBODIED TRUE TEAM SPIRIT BY NOT ONLY COMPETING IN HER OWN EVENTS BUT ALSO STEPPING UP TO HELP LEAD THE THROWING EVENTS ALONGSIDE STAFF, DEMONSTRATING HER EXCELLENT ABILITY AS A LEADER AS WELL AS A PERFORMER. EMIL DELIVERED AN EXCELLENT PERFORMANCE TO FINISH SECOND IN HURDLES, WHILE DINA PRODUCED ONE OF THE STANDOUT PERFORMANCES OF THE SEASON, CLAIMING FIRST PLACE IN 200M WITH A FANTASTIC DISPLAY OF SPEED AND COMPOSURE.

THE SEASON ENDED WITH MORE FANTASTIC PERFORMANCES AT THE BARNET ATHLETICS CHAMPIONSHIPS. ASIAH AND JEREMIAH BOTH QUALIFIED FOR THE 200M FINALS AND PRODUCED EXCELLENT PERFORMANCES, WHILE ARTEMIS SECURED AN IMPRESSIVE 2ND PLACE IN HURDLES AND NAJMA CLAIMED 3RD PLACE IN THE YEAR 10 JAVELIN. A SPECIAL MENTION MUST ALSO GO TO KORA, WHO PUT IN AN INCREDIBLE SHIFT FOR THE TEAM, COMPETING IN BOTH 800M AND 1500M STRAIGHT FINALS! A BRILLIANT DISPLAY OF DETERMINATION, RESILIENCE AND TEAM SPIRIT TO END ANOTHER SUCCESSFUL ATHLETICS SEASON.



MINI MARATHON

THIS YEAR, 15 STUDENTS FROM YEARS 7-11 HAD THE INCREDIBLE OPPORTUNITY TO REPRESENT THE SCHOOL AT THE TCS MINI LONDON MARATHON – ONE OF THE BIGGEST YOUTH RUNNING EVENTS IN THE COUNTRY. OUR STUDENTS TOOK TO THE STREETS OF CENTRAL LONDON, EXPERIENCING THE EXCITEMENT AND ATMOSPHERE OF A MAJOR SPORTING EVENT AS THEY RACED ALONG PART OF THE ICONIC LONDON MARATHON ROUTE. THE HIGHLIGHT WAS UNDOUBTEDLY THE UNFORGETTABLE EXPERIENCE OF RUNNING DOWN THE MALL AND CROSSING THE WORLD-FAMOUS FINISH LINE.

JUST ONE DAY LATER, THE WORLD'S GREATEST DISTANCE RUNNERS RACED TOWARDS THAT VERY SAME FINISH LINE, WITH SABASTIAN SAWE MAKING SPORTING HISTORY AS HE CROSSED THE MALL TO WIN THE 2026 TCS LONDON MARATHON IN A REMARKABLE TIME OF 1:59:30. OUR STUDENTS CAN PROUDLY SAY THAT THEY HAD RACED DOWN THE SAME ICONIC STRETCH AND CROSSED THE SAME FINISH LINE AS A WORLD-CLASS MARATHON CHAMPION! ALL 15 STUDENTS SHOWED FANTASTIC DETERMINATION, RESILIENCE AND SCHOOL SPIRIT, SUPPORTING ONE ANOTHER AND PROUDLY REPRESENTING THE SCHOOL THROUGHOUT THE EVENT. EVERY STUDENT SUCCESSFULLY COMPLETED THE COURSE AND RECEIVED A WELL-DESERVED FINISHER'S MEDAL TO COMMEMORATE THEIR ACHIEVEMENT.

IT WAS A TRULY MEMORABLE EXPERIENCE AND AN INCREDIBLE OPPORTUNITY FOR OUR STUDENTS TO COMPETE ON ONE OF THE MOST FAMOUS RUNNING ROUTES IN THE WORLD, FOLLOW IN THE FOOTSTEPS OF SPORTING LEGENDS AND EXPERIENCE THE EXCITEMENT OF BEING PART OF ONE OF LONDON'S BIGGEST SPORTING WEEKENDS.



TRAMPOLINING

TRAMPOLINING ONCE AGAIN PROVED TO BE ONE OF OUR MOST POPULAR EXTRACURRICULAR ACTIVITIES, WITH LUNCHTIME TRAINING SESSIONS REACHING CAPACITY ALMOST IMMEDIATELY EACH WEEK. FOLLOWING CURRICULUM LESSONS, WHERE STUDENTS LEARNED THE FUNDAMENTAL SKILLS AND COMPETITION ROUTINES, LUNCHTIME SESSIONS GAVE STUDENTS THE OPPORTUNITY TO REFINE THEIR TECHNIQUES AND EARN A PLACE IN THE COMPETITION SQUAD. DESPITE HAVING ALL THREE COMPETITION TRAMPOLINES IN USE EVERY LUNCHTIME, DEMAND WAS SO HIGH THAT WE REGULARLY HAD TO TURN STUDENTS AWAY ONCE SESSIONS WERE FULL. SELECTION FOR THE BARNET TRAMPOLINING COMPETITION WAS HIGHLY COMPETITIVE, WITH EVERY STUDENT PERFORMING THEIR COMPETITION ROUTINE IN FRONT OF THEIR PEERS AND A JUDGE TO SECURE A PLACE ON THE TEAM. SQUADS WERE SELECTED FROM YEARS 7-11 AND REPRESENTED HENDON SUPERBLY, RETURNING WITH AN IMPRESSIVE COLLECTION OF BOTH INDIVIDUAL AND TEAM MEDALS.

RATHER THAN SLOWING DOWN AFTER THE COMPETITION, THE SQUAD'S MOTIVATION ONLY INCREASED. THANKS TO A JACK PETCHEY ACHIEVEMENT AWARD GRANT, ONE OF OUR STUDENTS FUNDED ADDITIONAL COACHING SESSIONS AT HENDON GYMNASTICS CLUB, ALLOWING 16 MEMBERS OF THE SQUAD TO TRAIN WITH ELITE COACHES AND FURTHER DEVELOP THEIR TECHNIQUE, CONFIDENCE AND HEIGHT. IT HAS BEEN FANTASTIC TO SEE THE PROGRESS MADE, WITH STUDENTS WHO HAD NEVER STEPPED ONTO A TRAMPOLINE AT THE START OF THE YEAR NOW CONFIDENTLY PERFORMING SOMERSAULTS. WE ARE ALSO DELIGHTED THAT TWO OF OUR DEDICATED YEAR 7 TRAMPOLINISTS HAVE JOINED HENDON GYMNASTICS CLUB, PROVIDING THEM WITH AN EXCELLENT PATHWAY AS THEY PREPARE TO PROGRESS INTO THE YEAR 8 SQUAD NEXT SEASON.



TABLE TENNIS

TABLE TENNIS HAS CONTINUED TO GATHER FANTASTIC MOMENTUM THIS YEAR, WITH A COMMITTED CORE GROUP OF STUDENTS ATTENDING WEEKLY TRAINING SESSIONS AND MAKING FULL USE OF THE OUTDOOR TABLES BEFORE SCHOOL, AT BREAK AND DURING LUNCH. THEIR ENTHUSIASM FOR THE SPORT HAS CREATED A THRIVING TABLE TENNIS COMMUNITY, WITH STUDENTS REGULARLY CHALLENGING ONE ANOTHER AND DEVELOPING THEIR SKILLS THROUGH CONSISTENT PRACTICE.

ALTHOUGH WE WERE UNFORTUNATELY UNABLE TO COMPLETE OUR INTERNAL TABLE TENNIS COMPETITION THIS YEAR, THE WEEKLY FIXTURES PROVIDED STUDENTS WITH VALUABLE COMPETITIVE EXPERIENCE AND SHOWCASED THE SIGNIFICANT PROGRESS BEING MADE ACROSS THE SCHOOL. WE WITNESSED SOME OUTSTANDING RALLIES, LIGHTNING-FAST RETURNS, QUICK FOOTWORK AND EXCEPTIONAL REACTION SPEEDS, WITH THE STANDARD OF PLAY IMPROVING WEEK BY WEEK. SPECIAL RECOGNITION GOES TO LUKE (YEAR 7), RUBEN (YEAR 8) AND OUR YEAR 9 GIRLS- DINA, ARTEMIS, FATMA, ANKELEA, EVA, NAJMA, KORA & SABA WHO CONSISTENTLY DEMONSTRATED EXCELLENT SKILL, DETERMINATION AND SPORTSMANSHIP THROUGHOUT THE SEASON.

TABLE TENNIS ALSO PLAYS A SIGNIFICANT ROLE WITHIN OUR GCSE PE PRACTICAL CURRICULUM, AND IT HAS BEEN EXCITING TO SEE THE STRENGTH OF TALENT EMERGING FROM KEY STAGE 3. THE DEDICATION SHOWN BY STUDENTS THROUGHOUT THE YEAR PROVIDES THEM WITH AN EXCELLENT FOUNDATION AS THEY PROGRESS INTO GCSE PE. THIS YEAR'S YEAR 11 COHORT ACHIEVED EXCEPTIONALLY HIGH PRACTICAL MARKS IN TABLE TENNIS, REFLECTING THE COMMITMENT, PRACTICE AND PASSION FOR THE SPORT THAT HAS BEEN EVIDENT ACROSS THE SCHOOL. WITH PARTICIPATION CONTINUING TO GROW, THE FUTURE OF TABLE TENNIS AT HENDON LOOKS INCREDIBLY PROMISING.



CHEERLEADING

WE HAVE BEEN INCREDIBLY FORTUNATE TO WELCOME COACH SARAH FROM JANIN CHEER EACH TUESDAY TO LEAD OUR CHEERLEADING PROGRAMME. UNDER HER EXPERT COACHING, THE SQUAD HAS WORKED HARD THROUGHOUT THE YEAR TO DEVELOP THEIR FLEXIBILITY, TUMBLING SKILLS, INCLUDING CARTWHEELS AND BACK HANDSPRINGS, AS WELL AS LEARNING INCREASINGLY CHALLENGING STUNTS AND LIFTS.

BEYOND THE TECHNICAL PROGRESS, THE GROUP HAS GROWN INTO A CLOSE-KNIT SQUAD THAT GENUINELY ENJOYS TRAINING TOGETHER EACH WEEK. THEIR COMMITMENT, TEAMWORK AND WILLINGNESS TO ENCOURAGE ONE ANOTHER HAVE CREATED A POSITIVE AND SUPPORTIVE ENVIRONMENT, WITH EVERY ATHLETE GROWING IN BOTH CONFIDENCE AND ABILITY. WE LOOK FORWARD TO BUILDING ON THIS PROGRESS AND CONTINUING TO DEVELOP THE SPORT NEXT YEAR.

