

GCSE in Physical Education



Exam Board:
Edexcel

Course Outline:

The course is aimed at students who have a keen interest in physical activity, both in and out of school. It requires the students to have a love of sports and physical activities and a desire to develop their skills as a performer and their knowledge on a wide range of sporting issues.

Students who decide to take GCSE PE should belong to a club outside of school and be playing regular competitive fixtures. They will be expected to participate in at least one extra-curricular club a week, either at lunch, before or after school.

The course is divided into three components:

Paper 1: The human body and movement in physical activity and sport

paper 2: Socio-cultural influences and well-being in physical activity and sport

Non-exam assessment: Practical performance in physical activity and sport

Paper 1: The human body and movement in physical activity and sport

Written Exam - 1 hour 15 minutes (78 marks) - 30% of qualification

In this topic students will develop knowledge and understanding of the key body systems and how they impact on health, fitness and performance in physical activity and sport. Students will study the basic principles of movement and their effect on performance in physical activity and sport. The principles of training and different training methods in order to plan, carry out, monitor and evaluate personal exercise and training programmes, will be explored along with data analysis in relation to key areas of physical activity and sport.

Paper 2: Socio-cultural influences and well-being in physical activity and sport

Written Exam - 1 hour and 15 minutes (78 marks) - 30% of qualification

In this topic students will develop knowledge and understanding of the benefits of participating in physical activity and sport to health, fitness and well-being. Students will develop knowledge and understanding of the psychological factors that can affect performers and their performance and develop knowledge and understanding of the socio-cultural factors that impact on physical activity and sport, and the impact of sport on society.

Non-exam assessment: Practical performance in physical activity and sport

Practical. Internally marked and externally moderated (100 marks) - 40% of qualification

Students will be required to perform in three different physical activities in the role of player/performer. They will be required to demonstrate their skills in isolation/unopposed situations and demonstrate their skills in a formal/competitive situation while under pressure.

For more information please see Miss Downing, Mr. Richardson or Mr. Welch

Method of assessment: Practical Assessment (40%) and two 1 hour 15 minute exams (60%)

Controlled Assessment: 1

Post 16 Progression:

AS in PE

BTEC Level 3

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